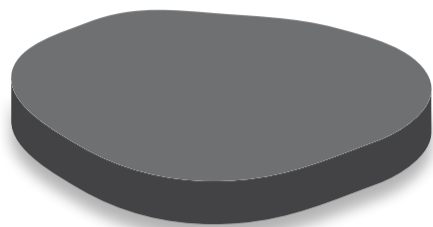
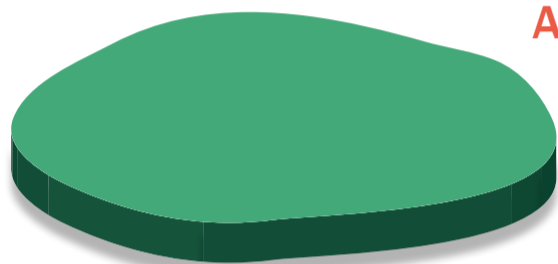




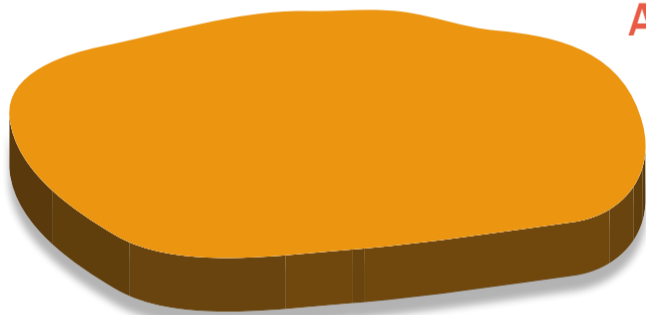
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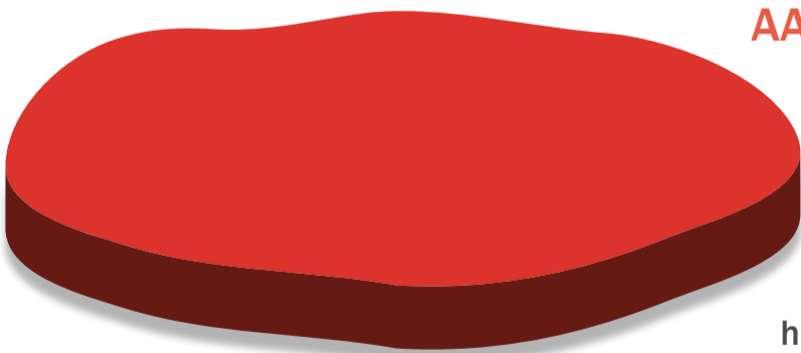
AARExpect - A one day programme that introduces the After Action Review (AAR) technique. It explores what is expected of them as participants and leaders of an AAR by describing the process and developing the required skills and behaviours. It involves a series of challenging interactions and the close observation of team dynamics. Delegates will leave feeling able to participate in and potentially lead. The exercises are created to improve communication, teamwork and leadership as AAR's are practised and performance reviewed. Attendance is open to all and provides an excellent grounding in AAR and its potential for the individual, team and organisation. Please contact aar@uclh.nhs.uk for more information.



AARActual - A one day programme that consolidates the understanding of AAR and allows participants to practice their leadership of AARs through challenging and authentic simulations. Delegates actually lead challenging AAR simulations and are filmed during their experience to help assist in debriefing. All participants get detailed feedback on their performance and are given support in developing their leadership and communication skills. Access to this course is by application and participants must first have completed the AAR Expect programme, or have a sound understanding of AAR and the behaviours expected. Please contact aar@uclh.nhs.uk for more information.



AARWhy - This one day programme provides a small group with expert tuition on facilitating individual and team learning through advanced questioning and listening skills. The group looks at why they and others think and behave in particular ways. Through developing this understanding participants will acquire personal skills that will help them lead and support people during complex AAR's. They will also develop key skills and insights to help others learn. There is a large practical component to the programme with participants learning from analysis of their own performance in AAR Actual and from the experience of others: why do people behave and act in particular ways? What factors affect the dynamics of a group? Access to this course is by application and applicants must have completed AAR Actual before being considered. Please contact aar@uclh.nhs.uk for more information.



AARLearn - These are a series of master classes in which participants learn how AAR is being used and applied and so that they develop higher level skills and ability in that area. The master classes cover the following AAR applications; briefing, debriefing, effective meetings, fast response AAR, personal AAR and appraisals. The different programmes vary in length and in how they are accessed. Please contact aar@uclh.nhs.uk for more information.

